

ABSTRACT

A green tea based dietary supplement, nutritional beverage or dental hygiene product is revealed with enhanced flavor characteristics. Green tea sources are
5 combined with extracts of the fruit of Lo Han and/or extracts from the leaves of *Stevia rebaudiana* and/or extracts from the leaves of Chinese Blackberry. The resulting product is a pleasant tasting dietary supplement, which is easily absorbed by the body in liquid form and provides substantially therapeutic effects.